



# MAIN POOL SCHEDULE

September 1 – December 31, 2024

Please check white board on pool deck for any scheduling changes.

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
CLOSED	5:00-7:30 LAP / WW ALL LANES	5:00-7:30 LAP / WW ALL LANES	5:00-7:30 LAP / WW ALL LANES	5:00-7:30 LAP / WW ALL LANES	5:00-7:30 LAP / WW ALL LANES	CLOSED
	7:30-8:30 AQUA FITNESS ALL LANES NO LAP LANES	7:30-8:30 AQUA AEROBICS 4 LANES NO LAP LANES	7:30-8:30 AQUA FITNESS ALL LANES NO LAP LANES	7:30-8:30 AQUA AEROBICS 4 LANES NO LAP LANES	7:30-8:30 AQUA FITNESS ALL LANES NO LAP LANES	9:00-1:00 LAP / WW ALL LANES
	8:30-9:30 H.E.A.R.T. ALL LANES NO LAP LANES	8:30-9:30 H.E.A.R.T. ALL LANES NO LAP LANES	8:30-9:30 H.E.A.R.T. ALL LANES NO LAP LANES	8:30-9:30 H.E.A.R.T. ALL LANES NO LAP LANES	8:30-9:30 H.E.A.R.T. ALL LANES NO LAP LANES	
10:00-NOON LAP / WW ALL LANES	9:30-1:00 LAP / WW Private Lessons ALL LANES	9:30-1:00 LAP / WW Private Lessons ALL LANES	9:30-1:00 LAP / WW Private Lessons ALL LANES	9:30-1:00 LAP / WW Private Lessons ALL LANES	9:30-1:00 LAP / WW Private Lessons ALL LANES	
NOON-1:45 OPEN SWIM ALL LANES	1:00-2:00 SCHOOL GROUP LESSONS NO LAP LANES	1:00-2:00 SCHOOL GROUP LESSONS NO LAP LANES	1:00-2:00 SCHOOL GROUP LESSONS NO LAP LANES	1:00-2:00 SCHOOL GROUP LESSONS NO LAP LANES	1:00-2:00 SCHOOL GROUP LESSONS NO LAP LANES	1:00-2:45 OPEN SWIM ALL LANES
CLOSED	2:00-5:30 LAP / WW ALL LANES	2:00-5:30 LAP / WW ALL LANES	2:00-5:30 LAP / WW ALL LANES	2:00-5:30 LAP / WW ALL LANES	2:00-5:30 LAP / WW ALL LANES	3:00-5:00 PROGRAMS & RENTALS
	5:30-7:00 Y SWIM LESSONS	5:30-7:00 Y SWIM LESSONS	5:30-7:00 Y SWIM LESSONS	5:30-7:00 Y SWIM LESSONS	5:30-6:30 OPEN SWIM 2 LAP LANES	CLOSED
	6:30-7:30 3 LANES WWSC	6:30-7:30 3 LANES WWSC	6:30-7:30 3 LANES WWSC	6:30-7:30 3 LANES WWSC	6:30-7:30 3 LANES WWSC	
	7:00-8:00 LAP / WW 3 LANES 6 LANES STARTING AT 7:30	7:00-8:00 LAP / WW 3 LANES 6 LANES STARTING AT 7:30	7:00-8:00 LAP / WW 3 LANES 6 LANES STARTING AT 7:30	7:00-8:00 LAP / WW 3 LANES 6 LANES STARTING AT 7:30	7:00-8:00 LAP SWIM 3 LANES 6 LANES STARTING AT 7:30	



# WARM POOL SCHEDULE

September 1 – December 31, 2024

Please check white board on pool deck for any scheduling changes.

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
<b>CLOSED</b>	6:00-9:45 <b>ADULT OPEN</b> 18+ Only	6:00-9:45 <b>ADULT OPEN</b> 18+ Only	6:00-9:45 <b>ADULT OPEN</b> 18+ Only	6:00-9:45 <b>ADULT OPEN</b> 18+ Only	6:00-10:30 <b>ADULT OPEN</b> 18+ Only	<b>CLOSED</b>
10:00-NOON <b>ADULT OPEN</b> 18+ Only	9:45-10:30 <b>Joint Mobility and Stretch</b>	9:45-10:30 <b>LIGHT AEROBICS</b>	9:45-10:30 <b>Joint Mobility and Stretch</b>	9:45-10:30 <b>LIGHT AEROBICS</b>		9:00-10:00 <b>VETERANS' SWIM</b> Spouses Welcome 18+ Only
NOON-1:45 <b>OPEN SWIM</b>	10:30-1:00 <b>ADULT OPEN</b> 18+ Only	10:30-11:30 <b>ADULT OPEN</b> 18+ Only	10:30-11:30 <b>YMCA PRESCHOOL</b> <i>Every 1st and 3rd week of the Month</i>	10:30-11:30 <b>YMCA PRESCHOOL</b> <i>Every 1st and 3rd week of the Month</i>	10:30-11:30 <b>YMCA PRESCHOOL</b> <i>Every 1st and 3rd week of the Month</i>	10:00-2:45 <b>OPEN SWIM</b>
		11:30-1:00 <b>VETERANS' SWIM</b> Spouses Welcome 18+ Only	11:30-1:00 <b>ADULT OPEN</b> 18+ Only	11:30-1:00 <b>VETERANS' SWIM</b> Spouses Welcome 18+ Only	11:30-1:00 <b>OPEN SWIM FOR FAMILIES WITH SMALL CHILDREN</b>	
<b>CLOSED</b>	1:00-2:00 <b>SCHOOL GROUP LESSONS</b>	1:00-2:00 <b>SCHOOL GROUP LESSONS</b>	1:00-2:00 <b>SCHOOL GROUP LESSONS</b>	1:00-2:00 <b>SCHOOL GROUP LESSONS</b>	1:00-2:00 <b>SCHOOL GROUP LESSONS</b>	<b>CLOSED</b>
	2:00-4:30 <b>OPEN SWIM</b>	2:00-4:30 <b>ADULT OPEN</b> 18+ Only	2:00-4:30 <b>OPEN SWIM</b>	2:00-4:30 <b>ADULT OPEN</b> 18+ Only	2:00-4:30 <b>ADULT OPEN</b> 18+ Only	
	4:30-7:00 <b>SWIM LESSONS</b>	4:30-7:00 <b>SWIM LESSONS</b>	4:30-7:00 <b>SWIM LESSONS</b>	4:30-7:00 <b>SWIM LESSONS</b>	4:30-8:00 <b>OPEN SWIM</b>	
	7:00-8:00 <b>OPEN SWIM</b>	7:00-8:00 <b>OPEN SWIM</b>	7:00-8:00 <b>OPEN SWIM</b>	7:00-8:00 <b>OPEN SWIM</b>		